

T-Bones LUNCH MENU

APPETIZERS

Tostada - \$5.99

A deep fried flour tortilla topped with black beans, cheddar-jack cheese, tomatoes and scallions.

With Chicken add \$2.00

With Tuna add \$3.00

Black Bean Nachos - \$8.99

Tortilla chips covered with cheddar-jack cheese, black beans and baked.

Topped with crisp lettuce, tomatoes, jalapenos and sour cream.

Add Smoked Chicken \$2.00. Add Beef Chili \$2.00

Tenderloin Filet Chunks* - \$11.99

Chunks of blackened filet served over roquefort cream sauce and topped with bleu cheese crumbles.

Smoked Chicken Quesadilla - \$7.99

Smoked chicken, cheddar-jack cheese, scallions and tomatoes folded into a flour tortilla.

Shrimp Your Way - \$8.99

Tender Carolina white shrimp prepared fried, broiled, blackened or buffalo style or choose golden fried creek shrimp.

Mozzarella Cheese Sticks - \$5.99

Served with marinara sauce for dipping.

Spinach and Artichoke Dip - \$8.99

Classic house made spinach and artichoke dip served with pita points and tortilla chips.

Seared Ahi Tuna* - \$10.99

Ahi tuna rolled in sesame and poppy seeds. Seared and drizzled with a wasabi soy sauce and served with a side of wasabi ranch.

Dip Trio - \$7.99

House made chili con queso, salsa and quacamole. Served with tortilla chips.

Potato Skins - \$6.99

Skins overflowing with cheese, bacon and scallions. Served with a side of sour cream.

Appetizer Combo - \$13.99

Three of your favorites! Potato skins, nachos and cheese sticks....All at once!

Perfect for sharing or a meal.

(NO SUBSTITUTIONS)

Sauteed Mushrooms - \$6.99

Button mushrooms sautéed in garlic butter and wine

Wings - \$8.99

1lb. freshly fried and tossed in your choice of sauce: Hot, Hotter, Teriyaki, or Chipotle BBQ. Served with bleu cheese, celery and carrots.

Extra Sauce 50¢

LUNCH SPECIALTIES

Catfish Basket - \$8.99

Fresh farm raised Catfish, lightly battered and deep fried. Served with slaw and Texas fries.

Shrimp Basket - \$8.99

Golden fried Creek Shrimp in a basket with slaw and Texas fries.

Lunch Ribs - \$12.99

1/2 rack of our world famous Baby Back ribs served with your choice of side.

Tacos - Land & Sea - \$10.99

Grilled or fried pacific cod, or grilled chicken

Served with soft tacos, lettuce, salsa, tomatoes, cheddar-jack cheese, sour cream and jalapenos on the side so you can build it your way. (No Side Item Included)

BURGERS

Carolina Classic - \$9.99

American cheese, chili, onions and slaw.

Black and Bleu Burger - \$9.99

Blackened patty with bleu cheese crumbles.

Bones Burger - \$8.99

Choice of Cheese: Cheddar, American, Swiss, Pepper-Jack or Cheddar-Jack.

*Due to South Carolina health food regulations all burgers will be cooked medium well or well done.

Served with Lettuce, Tomato and your choice of Texas Fries, Sweet Potato Fries, Pasta Salad, Cole Slaw, Green Beans with roasted Almonds, or Veggie of the Day.

ADD \$1.00 for a Fruit Cup

*Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness

SOUPS & SALADS

Tomato Bisque

Cup \$3.99 Bowl \$4.99
Creamy tomato bisque
served with a toasted
cheese crouton

Housemade Soup of the Day

Cup \$3.99 Bowl \$4.99
Your server will provide a
description of today's soup

Texas Chili

Cup \$3.99 Bowl \$4.99
Texas style (no beans)
topped with shredded
cheese and jalapenos

Choose Two

Have a combination of one of our signature soups,
a grilled cheese sandwich or a fresh house salad for - \$7.99
OR choice of a half BLT sandwich, half turkey sandwich, half ham sandwich or
half roast beef sandwich, topped with lettuce and tomato and your
choice of bread, to go with you soup or house salad - \$8.99
Add Cheese or Bacon to your half sandwich 50¢
Choices of Bread: White, Wheat, Rye, or Hoagie

Cold Plate Trio - \$11.99

Something cool and light. A scoop of Pasta
Salad, Tuna Salad and Chicken Salad
garnished with fresh fruit. NO SUBSTITUTIONS

Chef Salad* - \$6.99

Mixed greens topped with turkey, ham,
cheddar-jack cheese, bacon, hard-boiled egg,
grape tomatoes, cucumbers and croutons.

Grilled Chicken Salad - \$9.99

Fresh grilled boneless breast of chicken over
mixed salad greens with grape tomatoes,
Cucumbers, croutons and garnished
with fresh fruit.

Walnut Bleu - \$6.99

Mixed greens with grape and sundried
tomatoes, red onions, candied walnuts
and bleu cheese crumbles.
Served with balsamic vinaigrette dressing.

Strawberry Almond Spinach - \$7.99

Crumbled bleu cheese, strawberries and
almonds over fresh spinach with raspberry
vinaigrette or your choice of dressing.

Kale Salad - \$6.99

Kale topped with diced Granny Smith Apples,
cheddar cheese and roasted almonds.
Tossed with a lemon garlic vinaigrette or
your choice of dressing.

Build Your Own Cobb* - \$7.99

Mixed greens, bleu cheese crumbles,
bacon, grape tomatoes, red onions,
avocado, hard-boiled egg and almonds.
Served with your choice of dressing.

Apple Walnut Tuna or Chicken - \$10.99

White Albacore Tuna Salad or Chicken Salad
on a bed of leaf lettuce surrounded
by Granny Smith Apple slices,
candied Walnuts and seasonal fruit.

Ahi Tuna Salad* - \$14.99

4oz. Ahi tuna rolled in sesame and poppy
seeds. Seared and fanned over a bed of
mixed greens with grape tomatoes,
cucumbers and croutons.
Served with a wasabi ranch dressing

DRESSINGS

Ranch, Bleu Cheese, Honey Mustard, 1000 island, Balsamic Vinaigrette, Raspberry
Vinaigrette, Chipotle Ranch, Wasabi Ranch, Caesar, Fat-Free Italian and Oil & Vinegar
Extra Dressing 75¢

Add to any salad: Chicken \$3.49, Shrimp \$5, Salmon or Tuna* \$7, Blackened add \$1

SANDWICHES

Tenderloin Filet Tip* Sandwich - \$11.99

Sautéed filet tips topped with BBQ caramelized
onions. Served on a hoagie roll with
horseradish cream sauce.

Chicken & Spinach Caesar Wrap - \$8.99

Fresh spinach and grilled chicken topped with
caesar dressing and grated parmesan cheese,
wrapped in a flour tortilla.

Flounder Sandwich - \$9.99

Flaky white flounder deep fried and served
on a hoagie roll with lettuce and tomato.

Ultimate Roast Beef - \$8.99

Shaved roast beef served hot on a hoagie
topped with sautéed peppers, onions
and melted swiss cheese.
Au Jus served on the side.

Avocado Tuna or Chicken BLT - \$9.99

White Albacore tuna salad OR chicken salad
with bacon, lettuce, tomato, a slice of fresh
avocado and your choice of cheese and bread.

The BLT - \$6.99

Ripe red tomatoes with bacon and lettuce
on your choice of bread.

Meatloaf Sandwich - \$9.99

6oz portion of our beef meatloaf with a ketchup
glazed crust seared on the grill, and
served on a hoagie roll.

Reuben - \$7.99

Corned Beef or Turkey on traditional rye
with kraut and 1000 island dressing.

Chicken Club Sandwich - \$9.99

Grilled or fried chicken breast topped with
bacon, melted cheddar-jack cheese,
lettuce and tomatoes.

Club Sandwich - \$8.99

Classic with turkey, ham, bacon, lettuce,
tomato, american and swiss cheese
with your choice of bread.

Served with your choice of Texas Fries,
Sweet Potato Fries, Pasta Salad, Cole Slaw,
Green Beans with roasted Almonds, or
Veggie of the Day. ADD \$1.00 for a Fruit Cup

An 18% gratuity will be added to parties of 8 or more